

GSA Open Water Adventure Swim Break

Friday 1st September start 15:30 until Sunday 3rd September finish 15:30

OVERVIEW

Guernsey Swim Adventures invite you to join us on a swim adventure weekend filled with stunning landscapes, wildlife and history. Prepare to make memories that will last a lifetime. Your adventures will take in the very best of Guernsey plus a visit to either Sark or Herm, two enchanting islands of the Bailiwick. Four swims across three days ranging from 1.5km exploring swims to 3km coastal discoveries.

Guernsey, and the neighbouring Islands, offer a huge variety of swim opportunities, from the golden sands of Shell Beach in Herm to the majestic Pea Stacks, famously captured by Renaissance painter Pierre-Auguste Renoir and best viewed from Moulin Huet Bay. Wherever you swim you will be surrounded by amazing scenery. You may even be accompanied by curious seals on coastal swims and sightings of dolphins are common on crossings between the islands. Guernsey's tidal range is one of the largest in the world, transforming the coastline every six hours or so making every experience unique.

Jacqueline & Jennifer, your swim guides, have many years of experience and will show you hidden bays, historic forts and options of archways, gullies and caves. With their extensive knowledge they will choose the best bay for the day, taking into consideration the tides and weather conditions.

SWIM ABILITY

This bespoke swim break is open to eight to fourteen swimmers and is aimed at moderate to intermediate level. You should be confident swimming in open water. Distances covered will be 1.5km – 3km. It is likely that the group will split into two or three smaller groups allowing everyone to go at their own pace. You should be comfortable walking along coastal paths to swim venues.

SEA TEMPERATURE - Average sea temperature in September is 18°C. GSA recommend wearing a wetsuit unless you are an experienced skins swimmer.

COST - Swim break package only **£375.00** per person. Accommodation extra.

WHAT'S INCLUDED

- Four swims across three days...in Guernsey, plus Herm or Sark. (weather permitting)
- Ferry transport for island hopping swims.
- Experienced local swim guides and kayak support.
- Lunch on Saturday and Sunday as a packed lunch or from a beach kiosk/tearoom.
- Dinner on Saturday evening.
- Hot and cold drinks and snacks available after each swim.
- GSA cap and mug.

WHAT'S NOT INCLUDED

- Transport to swims.
- Airport or harbour transfers to accommodation.
- Accommodation. A number of rooms are held at www.cobobayhotel.com.
- Breakfasts and Friday evening meal.

TRIP INFORMATION

THE BAILIWICK of GUERNSEY

The Bailiwick of Guernsey is a group of islands within the Channel Islands. Situated in the bay of St. Malo, the islands are geographically closer to France, only 27 miles from the Normandy coast although Guernsey is a dependency of the British Crown. The Island is approximately 9 miles by 6 miles with 42 miles of coastline making it a swimmers' paradise. The capital, St Peter Port, is quaint with its cobbled streets and a mixture of small boutiques and other mainstream shops. In addition, there are many restaurants, bistros and cafes offering a wide range of cuisine with many featuring local seafood.

TRAVEL BY AIR OR SEA

Fly to Guernsey from a number of UK airports, or catch a fast ferry, just 3 hours from Poole. There is no need for a long-haul journey to reach this magical destination. www.visitguernsey/gettinghere.com

WHERE TO STAY

GSA have arranged a special rate at Cobo Bay Hotel, a family owned hotel and restaurant with seaviews over one of the Channel Island's most beautiful bays, with clean soft white sands and stunning sunsets, just 3 miles away from the main town of St Peter Port. Two night bed and breakfast package – Double or Twin £350/room; Single £258/room (single occupancy).

A regular and inexpensive public bus service connects Cobo to St Peter Port and the rest of Guernsey. A number of local amenities are available nearby, including The Rockmount family gastro pub; Cobo Tearoom and Cobo Chippy, offering the freshest fish and chips. In addition a petrol station and a small supermarket.

MAKING A BOOKING

To book your Adventure Swim Break please contact us and we will be in touch to discuss payment and help with accommodation and any further questions you may have.

TRANSPORT ON ISLAND

To make the very best of your visit we suggest hiring a car www.rentalcars.com or an electric bike from www.go-guernsey.gg or www.adventurecycles.net.

SAFETY

Safety is paramount to GSA. You will be accompanied by experienced guides and support kayakers. GSA swim guides are fully qualified and have extensive knowledge of local tides and conditions for both safe swimming and kayaking around the waters of the Bailiwick of Guernsey.

All swims are fully risk assessed and GSA will brief you before each swim.

GUERNSEY SWIM ADVENTURES INSURANCE

Guernsey Swim Adventures Limited is licensed by the Adventure Activities Licensing Service and has 10 million pounds public liability insurance with Catlin Insurance Company (UK) Ltd.

ITINERARY

EXAMPLE ADVENTURE SWIM BREAK ITINERARY

Guernsey Swim Adventure guides will take you to a variety of bays in Guernsey and weather permitting we aim to swim in either Herm or Sark. The itinerary is fairly flexible to reflect the needs and desires of the swim group.

DAY ONE

FRIDAY 1st SEPTEMBER 'BIANVNU À GUERNESI'

Meet at Cobo Bay Hotel 15:30

We will aim to swim late afternoon at a bay along the West Coast (1.5-2.0Km). following the swim, GSA will discuss the plan for the weekend.



Cobo Bay sunset (above)

DAY TWO

SATURDAY 2nd SEPTEMBER 'ISLAND HOPPING'

On Day two we will head off Island to swim in either Herm or Sark. Lunch and dinner will be provided.

Herm is a 20 minute ferry ride from St Peter Port. Herm Island is a peaceful oasis. With long stretches of golden sandy beaches and turquoise waters. The rugged cliff paths reveal views back to Guernsey and further afield to Sark and the French coast.



Shell Beach, stretching along the North East coast of Herm (above).



Sark offers one of the most unique swimming environments in the world, passing through dramatic gullies and exploring a selection of exciting caves and chasms. Sark is a car free island and a real opportunity to escape the hustle and bustle of modern life. Walks to swims in Sark could be up to 2km along rugged coastal paths and entries via step ladders.

Victor Hugo cave, along the west Coast of Sark (above).

DAY THREE - SUNDAY 3rd SEPTEMBER 'À LA PERCHOINE'

For our last swim we will visit the South coast bays of either Moulin Huet or Petit Bot Bay for a relaxed morning swim (3km swim). Lunch will be provided.



Moulin Huet Bay and the Peastacks famously captured by Renaissance painter Pierre-Auguste Renoir (above).



Le Jaonnet Bay, along Guernsey's South Coast, accessible by cliff path and ladder or by water (above).

WEATHER CAVEAT & CHANGE of ITINERARY

The GSA Adventure Swim Break itinerary will need to be adapted depending on the prevailing weather conditions. The itinerary described is an example to showcase some of the best swimming locations that the Bailiwick of Guernsey has to offer. If it is not possible to swim in Sark or Herm, Guernsey has many other equally stunning locations to discover. GSA will make every effort to ensure you have a memorable adventure swim break.

TERMS & CONDITIONS

BOOKING INFORMATION

GSA will ask that you pay a deposit of £75 to secure your booking. The deposit will not be refundable after the final payment has been made. The outstanding balance of the Adventure Swim Break is due 10 weeks before the start (23rd June 2023).

REFUNDS

Cancellation by the customer – All cancellations must be made in writing.

Prior to final payment a £50.00 administration fee will be charged. £25.00 of the deposit will be refunded.

Following final payment, there will be no refund.

Guernsey Swim Adventures is a very small locally run company, we therefore hope that you can appreciate the need for our refund policy.

Cancellation by Guernsey Swim Adventures

Unfortunately, if there is insufficient demand for the swim break GSA reserve the right to cancel and a full refund of the swim break will be given. However, GSA will endeavour to offer a different format as we understand that you will have booked travel and accommodation. If this is the case GSA will notify you 4 weeks before the swim starts and discuss tailor-made options with you.

If GSA need to cancel the swim break due to extraordinary circumstances beyond our control, for example medical emergencies or extreme weather, we will refund the full holiday cost less a £50.00 administration fee.

ACCOMMODATION

GSA only recommend accommodation. Please discuss with the hotel their terms and conditions regarding booking and cancellation policies. Any changes that you make will be between you and the hotel. GSA will not be held responsible for any financial implications regarding accommodation.

TRAVEL INSURANCE

GSA strongly recommend that you have sufficient travel insurance to cover any unexpected cancellations or medical treatment. Guernsey does have a reciprocal health care agreement with the UK.

PARTICIPATION AGREEMENT

All swimmers involved in GSA swims will need to complete a Participation Agreement for insurance and safety purposes. You will need to return this form with your deposit.

GENERAL DATA PROTECTION REGULATIONS (GDPR) - Guernsey Swim Adventures is committed to protecting and respecting your privacy. The GSA data protection policy details the basis upon which we collect and process your personal information. GSA ensure that data is processed lawfully, fairly and transparently. GSA will only publish information that is adequate, relevant and limited to what is necessary. GSA will only publish or share data for legitimate reasons.

COVID-19 - GSA will be guided by States of Guernsey and Public Health. GSA will respect any decisions that they make regarding Covid-19 policies for the personal safety of all guides, swimmers, kayakers, fellow islanders and visitors.



guernsey swim adventures

'Sark is a car free island and a real opportunity to escape the hustle and bustle of modern life'



'Option to discover archways and gullies'



Moulin Huet Bay (above)

Guernsey Swim Adventures – contact 07911 719109 email gsyswimadventures@gmail.com

'Safe passage over water'